

Praying the ACTS Model With Kids

WHAT IS PRAYER?

- Prayer is our primary means of communicating with God.
- Prayer is a believer's privilege to access God's throne. (Hebrews 4:16)
- Prayer is vital to a strong relationship with God.
- Prayer is a powerful weapon connecting us to God's power. (Ephesians 6:18)

PRAYER IS NOT:

- A task to check off each day.
- A wishlist of supplications we expect God to fulfill.
- Vain repetition of words that ultimately bear no meaning.
- Showing off that we are more "spiritual" than others.

WHY PRAY?

- God commands us to pray. (1 Thessalonians 5:17)
- Jesus prayed. (John 17)
- Prayer conforms us to God's will, not our will to God's. (Matthew 6:10)
- Prayer affects not just our lives, but the lives of others. (James 5:16)

TRAINING UP A CHILD TO PRAY

- TRAIN UP = to educate, teach, to form by instruction or practice; to bring up
- Jesus says to bring the children to Him. (Matthew 19:14)
- Prayer teaches kids to trust God, thus deepening their faith.
- It's important to develop this discipline as early as possible. (Proverbs 22:6)

- ✓ Use God's Word to teach what ACTS means.
- ✓ Model ACTS when you pray with your students.
- ✓ Make lessons easy and practical.



ADORATION

- Glorifying and exalting God - He alone is worthy. (Revelation 4:11)
- Focus on God's attributes.



CONFESSION

- Agreeing with God that we are wrong and that we sinned.
- Restores our fellowship with Him. (1 John 1:9)



THANKSGIVING

- Reminds us of what God has done.
- Thanking God for all His blessings, regardless of the circumstances. (1 Thessalonians 5:18)



SUPPLICATION

- Making requests to God in a humble way. (Philippians 4:6-7)
- Interceding for others (James 5:16)